

HOT DRINKS

COFFEE

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| ESPRESSO | £2 |
| AMERICANO | £2.20 |
| CAPPUCCINO | £2.60 |
| FLAT WHITE | £2.60 |
| CAFFE LATTE | £2.60 |
| MOCHA | £3 |

TEA

| | |
|----------------------|--------------|
| HOT CHOCOLATE | £3 |
| MATCHA LATTE | £3.20 |
| CHAI LATTE | £3.20 |

TEA

| | |
|---------------------------|--------------|
| TEA | £2.30 |
| FRESH MINT | £2.30 |
| GINGER & LEMON | £2.30 |

MILKS AVAILABLE: Oat, Almond, Cashew, Coconut, Brown Rice or Dairy

JUICES & SMOOTHIES

JUICES

GREEN MACHINE

Broccoli, celery, cucumber, spinach, courgette, ginger & lemon

FABULOUSLY FOCUSSED

Carrot, apple & ginger

BRIGHT AND BEAUTIFUL

Beetroot, apple, lemon, celery & carrot

THE CURE

Apple, pineapple, celery, ginger & lemon

PURE GOODNESS

Apple, celery, cucumber, mint, spinach & lemon

£3.95 / 5.25

SMOOTHIES

AVO PINA BANANA

Avocado, banana, pineapple, spinach & rice milk

BANANA NUT

Banana, almond butter, dates, cinnamon, soy yogurt & almond milk

BERRY GOOD

Apple, banana, blackberry & almond milk

CHOCOCADO

Avocado, dates, banana, cacao & almond milk

£4.95 / 5.95



ADD TO ANY JUICE FOR FREE: Honey / Cinnamon / Ginger

SPECIALITY BOOSTERS: Spirulina / Hemp / Maca

+95p

BOOSTER: Protein Powder / Rolled Oats / Chia Seeds.

+75p

SMOOTHIE BOWLS

SMOOTHIE BOWLS

AVOCADO SPIRULINA

Avocado, pineapple, spinach, oats, banana, almond milk, spirulina, maple granola & coconut crisps

ACAI BERRY

Acai, banana, almond milk, maple syrup, chia seeds, coconut chips & blueberries

COCONUT DRAGON

Dragon fruit, banana, pineapple, almond milk, chia seeds & coconut chips

RASPBERRY OAT

Raspberries, oats, banana, almond milk, goji berries, chia seeds, pumpkin seeds & coconut chips


£6.25

BREAKFAST



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|----------------------------------|--------------|
| GOJI GRANOLA | £2.30 |
| COCONUT MUESLI | £2.30 |
| APPLE BIRCHER | £2.30 |
| GLUTEN FREE MUESLI | £2.30 |
| PORRIDGE made to order | £2.30 |

ADD A CHOICE OF TOPPINGS TO ANY OF THE ABOVE
50P PER TOPPING
£1 FOR COYO
MILK IS FREE



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| BANANA BREAD with COYO & berry compote (per slice) | £2.40 |
| AVOCADO ON SOUR DOUGH | £3 |
| WITH A BOILED EGG | £3.25 |

SALAD BAR

TWO SALADS

£6.30

TWO SALADS + PROTEIN

£8.30

THREE SALADS

£7.30

THREE SALADS + PROTEIN

£9.30

MIX & MATCH

YOU CAN ALSO MIX & MATCH SALADS & HOT DISHES

HOT FOOD

COCONUT DAL WITH QUINOA £4.95

SOUP £3.75

VEG STEW £4.95

PROTEIN STEW £5.45

WEEKLY SPECIALS

SEE COUNTER FOR WEEKLY SPECIALS
